OUTRUNNING THE STORM

Report Suite: Master Index

A guide to all extracted documents from Outrunning the Storm

LSCM Inc. | Dougald Lamont | May 26, 2026

This suite breaks the full report (May 26, 2026 edition) into its constituent parts for easier navigation, briefing, and distribution. Each document stands alone and can be read independently. Documents are numbered for cross-reference.

DOCUMENT SUITE OVERVIEW

#	Document Title	Content	Best For
1	Agriculture & Food Systems	Sector exposure, $150/bbl warnings, full Tier 0/1/2 recommendations, decision calendar	Farm credit agencies, AAFC, agriculture ministers
2	Healthcare	Pharma supply chain, rural staffing, air ambulance, cold chain, facility energy — all three tiers	Health ministries, health authorities, PHAC
3	First Nations & Northern Communities	Energy poverty, diesel dependency, food access, full solutions — logistics windows critical	ISC, CIRNAC, band councils, territorial governments
4	Trucking, Municipal & Household	Freight insolvency, municipal budgets, heating fuel, personal debt — cross-sectoral	Transport Canada, municipalities, social services
5	Fiscal & Monetary Policy	Federal/provincial spending, Bank of Canada, debt relief — Koo/Turner/White synthesis	Finance Canada, Bank of Canada, Treasury Board
6	90 Urgent Actions	Complete numbered list of all 90 pan-Canadian recommendations with lead agency and provinces	Cabinet, PMO, all ministers
7	National Projects: Methane-to-Materials	Turquoise hydrogen + carbon materials from waste methane — national programme proposal	NRCan, ISED, critical minerals team, industry
8	National Projects: Passenger Rail	Full rail expansion proposal — provincial scenarios, crash programme, financing, retooling	Transport Canada, VIA Rail, provincial transport
9	National Projects: Prairie Biochar	Two-tier biochar network — CentrePort hub + distributed farm units	Agriculture Canada, CentrePort, Manitoba/SK/AB
10	National Projects: Jobs & Food	National Jobs Programme + Many Fields small/medium farm strategy	ESDC, AAFC, rural development agencies
11	Province: Alberta	Full AB sectoral analysis, recommendations, Heritage Fund, vulnerable populations	Alberta government, AHS, AFSC
12	Province: Manitoba	Full MB sectoral analysis, bottlenecks, transformative investments, priority matrix	Manitoba government, MB Hydro, Shared Health
13	Province: Quebec	QC structural position, Hydro-Québec export strategy, heating conversion, Nunavik	Quebec government, HQ, Énergir
14	Province: Saskatchewan	SK agricultural exposure, grain system, potash, shortline rail priorities	Saskatchewan government, SHA, SCIC
15	Province: Ontario	ON health system, NAN communities, nuclear, HFR rail, manufacturing retooling	Ontario government, Ontario Health, OPG

#	Document Title	Content	Best For
16	Province: Atlantic Canada	NS/NB/PEI/NL — heating oil dependency, Irving refinery, Point Lepreau, fishing	Atlantic provincial governments, Irving, NB Power
17	Province: British Columbia	BC Hydro export, horticulture, off-grid First Nations, LNG methane, Rogers Pass rail	BC government, BC Hydro, BCEHS
18	Territories: NWT, NU, Yukon	Diesel dependency, community viability, sealift windows, territorial governance	GNWT, GN, Yukon Government, ISC, CanNor

HOW THE DOCUMENTS RELATE

The Warning Register (companion document) identifies what $150/bbl triggers. The Solutions Register identifies how to address those problems. This suite goes deeper — providing the full analytical content, context, and evidence base for each sector and province.

The three-tier structure (Tier 0 = zero cost; Tier 1 = weeks to 6 months; Tier 2 = structural long-term) runs through every sectoral document. The 90 Urgent Actions document (Document 6) is the master cross-reference that links every recommendation to a lead agency, priority provinces, and timing.

The National Projects documents (7–10) are the affirmative case — what Canada can build, not just what it must protect. Rail, methane-to-materials, biochar, and the jobs programme are the adaptation investments that permanently reduce the vulnerabilities the warning documents identify.

The provincial and territorial documents (11–18) are structured briefing notes — each one examines its jurisdiction's unique structural position, specific vulnerabilities, and concrete priority actions. They can be used as standalone briefing documents for provincial governments, ministers, or cabinet.

Source: Outrunning the Storm: Hardening Canada Now Against the Coming Oil Shock. LSCM Inc., Dougald Lamont. Updated May 26, 2026.